



RBI LLC

All Star Baseball Academy



Train like the pros!

Pitching Basics

Dates & Times:

Please visit our website for current dates and times available

1 ½ - 2 hours long

Limited to 10 players with a minimum of 4 players per session

Instructor:

Former Milwaukee Brewer Player
Willie Mueller

Ages:

10 yrs. & Under



Fees:

Members: \$40

Non-members: \$50

Description

This clinic is designed for beginners 7-10 years of age, or those who have never pitched before and want to learn how to pitch properly. We begin with the steps in a wind up, from the first step until the delivery of the ball. Next we discuss how to hold the ball for a two seam and four seam fast ball. Even if your child does not play the pitchers position this will give him exposure on how to properly wind up and throw.

We provide you with a list of drills that the instructor will review over with your child that include pictures to help you practice at home to help your child become the best they can be. Learning proper mechanics early on will help avoid injuries later.

Visit our website for the most current information, dates, times and additions
www.baseballrbi.com

RBI LLC All Star Baseball Academy
6405 Stockhausen Lane, West Bend, WI 53095 262-334-5093

K, May 12/22/11