



RBI LLC

All Star Baseball Academy



Train like the pros!

Catcher Mechanics

Dates & Times:

*Please visit our
website for current
dates and times
available*

1 - 1 ½ hours long

*Limited to 6 players with
a minimum of 4 players*

Instructor:

Doug Gonring

Ages:

10 – 13 yrs. old

Fees:

Members: \$40

Non-members: \$50

Description

This clinic is intended for players who have already played the catchers' position. There will be a brief review of setup and ready positions. Our instructor will work with you on how to block the ball, catching, soft hands, thumb placement, proper footwork techniques, and how to handle different pitch locations.

A hand out will be provided with different drills to practice.

Equipment is recommended but not required for this session.

*Visit our website for the most current
information, dates, times and additions
www.baseballrbi.com*



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**RBI LLC All Star Baseball Academy
6405 Stockhausen Lane, West Bend, WI 53095 262-334-5093**

K, May 12/21/11