



RBI LLC

All Star Baseball Academy



Train like the pros!

Advanced Catcher Mechanics

Dates & Times:

*Please visit our
website for current
dates and times
available*

1 - 1 ½ hours long

*Limited to 6 players with
a minimum of 4 players*

Instructor:

Doug Gonring

Ages:

13 yrs. old & Over

Fees:

Members: \$40

Non-members: \$50

Description

This is for the more experienced catcher looking to “step up their game.” There will be a brief skills assessment to help our instructor know where to start his training.

Learn blocking, throwing and footwork drills at an advanced level. Our instructor will work on correct mechanics, pitch selection and “calling” a game.

An advanced drills hand out will be provided. Equipment is recommended but not required for this session.



*Visit our website for the most current
information, dates, times and additions
www.baseballrbi.com*

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6405 Stockhausen Lane, West Bend, WI 53095 262-334-5093

K, May 12/21/11