



RBI LLC

All Star Baseball Academy



12 Week Baseball Training Camp

This camp is unlike any others we have hosted and has been planned to bring a whole new approach to your training experience at the Academy. This is a 12 week training camp which gives you the opportunity to chart your personal growth and progress from the first camp to the last.

Each session will be 75 minutes long and throwing mechanics will be stressed each week to develop arm strength and proper mechanics. The camp will provide 3 filming sessions on hitting and pitching. **Bat swing speed and ball throwing speeds may also be taken with our radar guns.

If time allows, we may also play a competitive game or two!

Age groups: 7-10 years old – Instructed by Mitch Knox
11-13 years old – Instructed by Bill Albrecht.

More details:

- **Date:** Week of January 15th thru the week of April 1st
- **Times:** 7-10 year old age group held @ 5:30-6:45 pm
11-13 year old age group held @ 5:00-6:15 pm
- **Days:** 7-10 years old – Either Wed or Thurs (*majority vote of registered players will be deciding factor*)
11-13 years old – Tuesdays
- **Limited to:** 10 players maximum; 5 players minimum
- **Cost:** \$360 per participant
(*Group discount: Bring in 5 players and each player pays \$335*)

Call the Academy to register!

262-334-5093

***the use of the radar gun is under the discretion of the instructor and may only be used with the older group of players*

(The Academy reserves the right to substitute instructors if need be – Any changes will be posted on our website as soon as possible. Thank you for your understanding.)